



Chettinad

Dental College & Research Institute

INTERNATIONAL YOGA DAY-2021

Date : 21.06.2021

Venue: Platform-zoom

Time: 3:00-4:00 P.M

Faculty Name : Dr.G.V.Jagannatha,Dr.Nagaland.

Session 1-3:00-3:40pm

PARTIPANTS NO.:100

Participant list

F batch

1)Pavithra.G

2)Pavithra.M

3)Prathosh.K

4) Priyadarshini Ganesan

5)Priyadharshini.A

6)Raksha.R

7)Rohith Chandru

8)Sahana shree

9)Sakthi manimurugan

10)Santhini.S

SESSION 1 SUMMARY

Thursday - 21.06.2021

A special event celebrating INTERNATIONAL YOGA DAY was conducted by the Final year Regular Batch F in the presence of Dr. Jagannatha GV sir and Dr. Nagaland sir via E session through Zoom app.

Student incharge : G.Pavithra

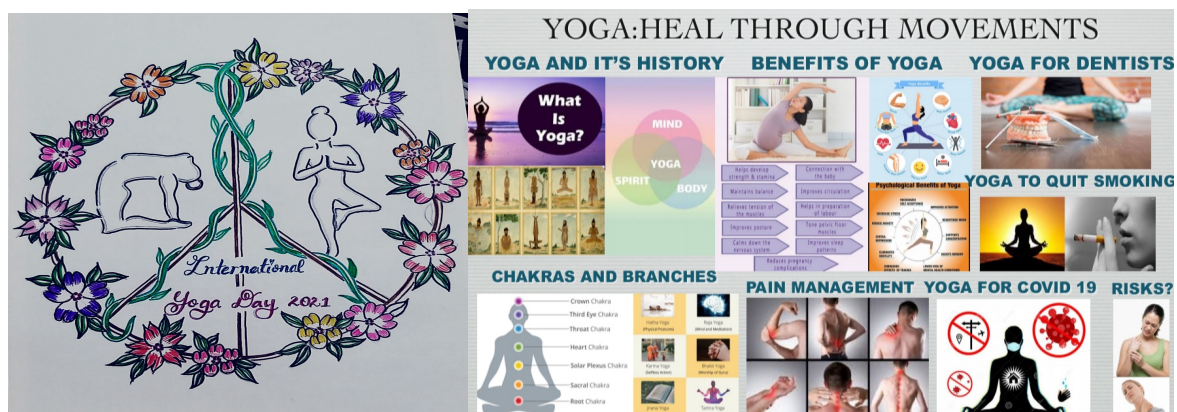
*** The event started with Welcome address and brief introduction on INTERNATIONAL YOGA DAY day by Priyadarshini.A**

*** Hand drawn logo was presented by Priyadarshini.G**

*** Poster presentation on the topic Yoga : Heal through movements by Sahana Shree.**

*** Video on yoga demonstration by M.Pavithra,G.Pavithra and S.Santhini.**

Title slide





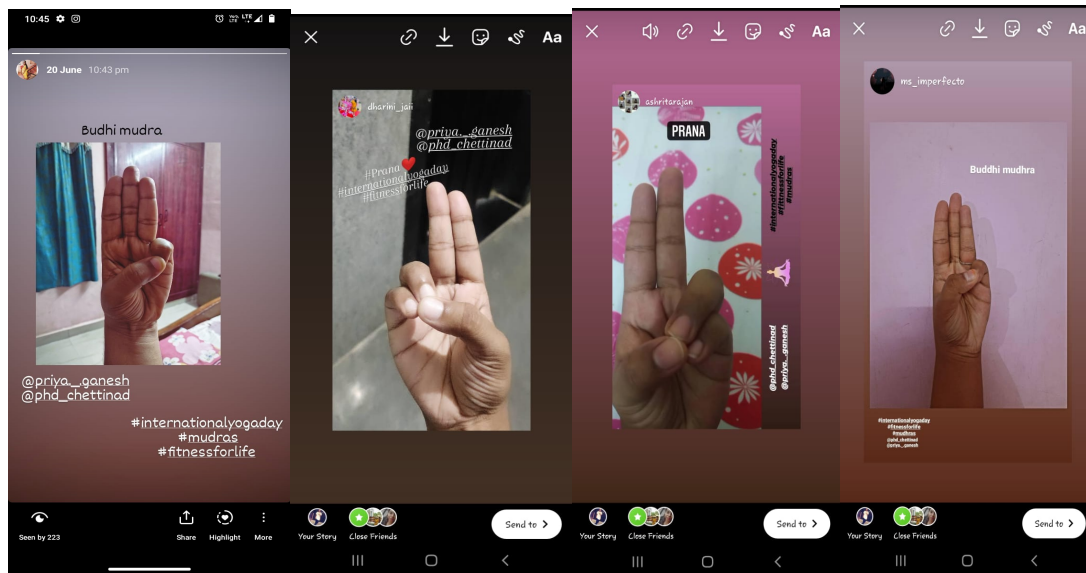
Session 2 - 3:40 -4:00PM

PARTICIPANTS NO.:100

SESSION-2 SUMMARY

- *Speech given by Dr.G.V.Jagannatha.**
- *Pranayama demonstration by G.Pavithra.**
- *Breathing yoga demonstration by M.Pavithra.**
- *Insta cover**
- *Pledge**
- *Conclusion and vote of thanks was given**

INSTA COVER





PRANAYAMA DEMONSTRATION



**Integrate and Encourage
Yoga through Life**

7th International Yoga day

PLEDGE

- I pledge to integrate Yoga in my life by practicing it regularly along with my family and encourage friends too to take up Yoga for a healthier lifestyle.



PARTICIPANT LIST

Participants (99)

Q Find a participant

- Mathanarajan A
- Mukilan S C
- Pavithra.M
- S 02 Aakash V
- S 25 Devadarshini Gopinath
- S 52 Manigandan T
- S 95Vishweshwaran S
- S 96 Shreedevi Elangovan
- S Ramasamy Narayanan
- S__Nikilesh Raj
- Srivishnu Janakiraman
- Subhathi B
- SD Sujatha Devi
- TN Thaiyal nayaki
- VP Vincy Preetha
- Ragavi.V

Invite Unmute Me

Participants (99)

Q Find a participant

- Logesh Ram
- M.Lakshmpriya
- Mathanarajan A
- Mukilan S C
- Pavithra.M
- S 02 Aakash V
- S 25 Devadarshini Gopinath
- S 52 Manigandan T
- S 95Vishweshwaran S
- S 96 Shreedevi Elangovan
- S Ramasamy Narayanan
- S__Nikilesh Raj
- Srivishnu Janakiraman
- Subhathi B
- SD Sujatha Devi
- TN Thaiyal nayaki

Invite Unmute Me

Participants (100)

Q Find a participant

- Dr. Jagannatha GV
- Gowtham PD
- Jineesh M
- Johnvee S
- kanchanamala
- Kannmani Dravidaselvan
- Kauvya Karunanidhi
- Kavya Maran
- Kishan Kumar
- Kudiarasi Rajendran
- LaUreL VijiTha
- Logesh Ram
- M.Lakshmpriya
- Mathanarajan A
- Mukilan S C
- Pavithra.M

Invite Unmute Me

Participants (100)

Q Find a participant

- 28.Gayathri N
- 29.Gayathri S A
- 31.Gokul S
- 32.Haripriya S
- 33.Ishwerya M
- 34. Iswariya S
- 35.Jaya varsha AS
- 36.Joselin Rosary. S
- 37.Kaavya B
- 38.kamalisha .A
- 39.Kanishka Nandhini.R
- 40.Kaviya S
- 43.Lakshana K G
- 45.Logeshwari M
- 46.Mahamudha A
- 47.Mahesh S

Invite Unmute Me

Participants (100)

Q Find a participant

- 6S 67.Soofiya Snober C A
- 69.Srinidhi P
- 70. Srinivasraghan N
- 71.Sriram Mahesh
- 72.Srividhya Rajesh
- 75.Supriya Sri Lakshmi S
- 7S 76. Suvetha Manoharan
- 7M 77.Swathi M
- 7N 78.Swetha Nidhi
- 7T 79.Vaishali T
- 8 80.Vaishnavi.T
- 8S 81.Vigknes S
- 82.Vignesh MK
- 83.Vinitha S
- AB Aadhya Babu
- A Aateef Ahmed A

Invite Unmute Me

Participants (99)

Q Find a participant

- 6K 60.Rohithchandru K (Me)
- 58.Priyadarshini A (Host)
- SG 58.Priyadarshini Ganesan
- 61.Sahana Shree M
- A 13.Anu Chandhini
- 15.Anusha Naidu
- 16.Ashrita V
- 19.Bency Joseph Raj
- 2J 20.Buvaneshwari J
- P 21.Chithaluru Pranathi
- 2D 22.Deepthika B
- 2 23.Dharshini.P
- 2 24.Dhiviyana
- 2D 27.Divya Dharshini
- 28.Gayathri N
- 29.Gayathri S A

Invite Unmute Me

Participants (100)

Q Find a participant

- A Aateef Ahmed A
- Abigna Reddy
- Abirami P
- AH Afridh Hameedha.M
- A Aishwarya
- Akshaya B
- Akshaya S
- AM Amira Moosa
- Anudharshini Sekar
- Barath Kumar
- BS Bavadharini S
- D. Charumathi
- Divya Bharathi
- Dr Nagaland T
- DJ Dr. Jagannatha GV
- GP Gowtham PD

Invite Unmute Me

Participants (100)

Q Find a participant

- 4A 46.Mahamudha A
- 4S 47.Mahesh S
- 4 48.Mothirajathi.K
- N 50.Nandini N
- 51.Narendhar Sreedharan
- 5B 52.Nithyasri B.R
- 5R 53.Niveditha Rengarajan
- 54.Pavithra G
- 56.Prathosh Krishna
- 59 Raksha RAMKUMAR
- 6S 63.S Santhini
- 6S 64.Savitha S
- S 65.Sripika A
- 66.Sneha S
- 6S 67.Soofiya Snober C A
- 69.Srinidhi P

Invite Unmute Me



PARTICIPANT VIDEO TILE

